

NEW AND COMING SOON FROM **STEINERBOOKS** SPRING/SUMMER 2023



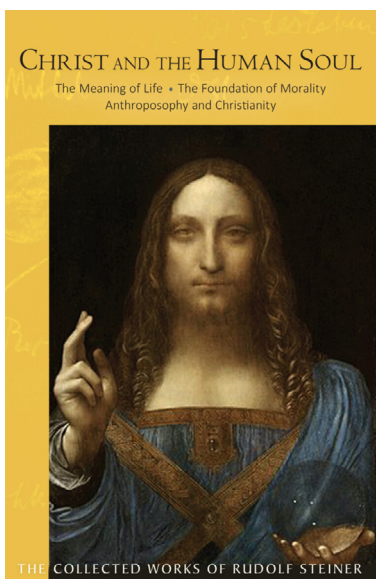
## NEW IN THE COLLECTED WORKS

Rudolf Steiner



“Historical happenings on Earth can be understood in their reality only when we see them as reflections of what is being enacted in the supersensible, spiritual world between the beings of the higher hierarchies.”

Rudolf Steiner (March 17, 1923)



### The Driving Force of Spiritual Powers in World History

Rudolf Steiner

Translated by Dorothy Osmond & Johanna Collis

7 lectures, Dornach, March 11–23, 1923 (CW 222)

What is the qualitative difference between the utterance of true and untrue words? Is there one? How about between living and dead thoughts? What is the origin of war and strife among peoples on Earth? How can humanity find a right relationship to the beings of the spiritual world? These are among the compelling questions addressed by Rudolf Steiner in this concise yet powerful series of lectures given in March 1923, comprising volume 222 of The Collected Works of Rudolf Steiner.

In these lectures, Steiner portrays, among other things, the work of various hierarchical beings—sometimes in collaboration and sometimes in opposition to one another—whose activity and strife in the spiritual world is mirrored in the migrations of and wars between peoples on Earth. The clashes between East and West, for example, are thus seen in an entirely new light, heralding a sea change in the approach to history. No longer should events on Earth be viewed as isolated within themselves, but rather as interwoven in a grand, vibrant tapestry formed from the threads that connect humanity on Earth with the activity and aims of exalted spiritual beings.

These lectures are a tour de force not to be neglected by any serious student of history or human life more broadly.

9781621483168 152pp paperback \$20.00 (includes 10 color plates)

### Christ and the Human Soul

Arriving in June

The Meaning of Life – The Foundation of Morality – Anthroposophy and Christianity

Rudolf Steiner

Translated by Agnes Schneeberg-de Steur

10 Lectures in Copenhagen and Norrköping, May 23–30, 1912, July 12–16, 1914 (CW 155)

This collection of lectures from the years 1912 and 1914 offers a deepened understanding of the being of Christ, the divine Logos, in his connection with individual human souls. From religious figures such as John the Baptist and Saint Francis to the twentieth-century poet Christian Morgenstern, these lectures reveal how Christ works with and through those who seek him. The Pauline statement, “Not I, but Christ in me,” becomes an inner guide by which each human soul can find its way to intimate union with the Christ-being. It is he who has the power to make our ideals and goals in life, if they are worthy, into true seeds of future reality.

To read these lectures is to strike out on the heart’s path of fellowship with the living Christ.

9781621483199 288pp paperback \$25.00

## NEW IN THE COLLECTED WORKS OF RUDOLF STEINER

### The Fall of the Spirits of Darkness

The Spiritual Background to the Outer World:  
Spiritual Beings and their Effects

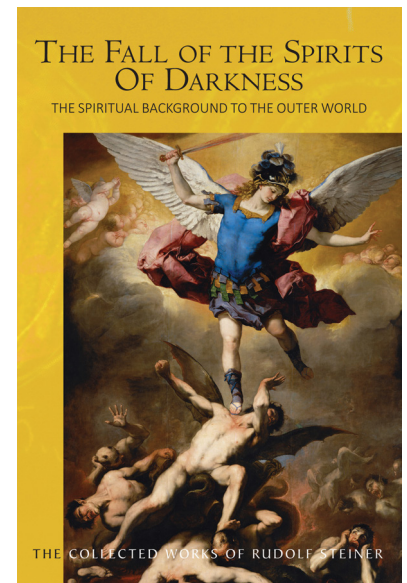
Rudolf Steiner

Introduction by Christopher Schaefer • Revised by Frederick Amrine

14 lectures, Dornach, September 29 – October 28, 1917 (CW 177)

In these lectures, Steiner sheds light on hidden aspects of world affairs. The Bolshevik Revolution was a recent event when he discussed events in Russia and humanity's attempts to build a theoretically ideal social order. He also speaks on the roles and spiritual backgrounds of individuals such as Johann Valentin Andreae, Vladimir Solovyov, Louis Claude de Saint-Martin, Woodrow Wilson, and Lloyd George, as well as world-renown figures such as Charles Darwin and Goethe.

9781855846067 324pp paperback \$30.00



### Universe, Earth, Human Being

Their Relationship to Egyptian Myths and Modern Civilization

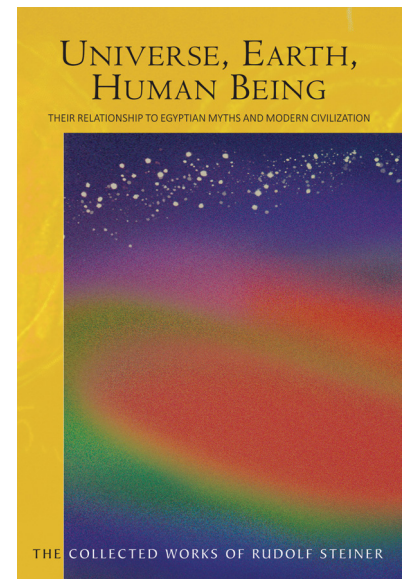
Rudolf Steiner

Introduction by Marie Steiner-von Sivers • Revised by Matthew Barton

11 lectures, Stuttgart, August 4–16, 1908 (CW 105)

Beginning with ancient Egypt, the pyramids, and sphinxes—and a comparison of that time with our own—Steiner surveys the spiritual landscape of human development. He discusses the conquest of the physical plane in post-Atlantean civilizations; the interrelationships of various cultural epochs; human connections with the kingdoms of nature and planetary bodies; and the relationship between animal forms and “the physiognomy of human passions.” Through this panoramic vision, we discover how the changed conditions of human consciousness call for a new spiritual understanding today.

9781855846029 212pp paperback \$28.00



### The Mission of Folk Souls

Rudolf Steiner

Translated by Johanna Collis

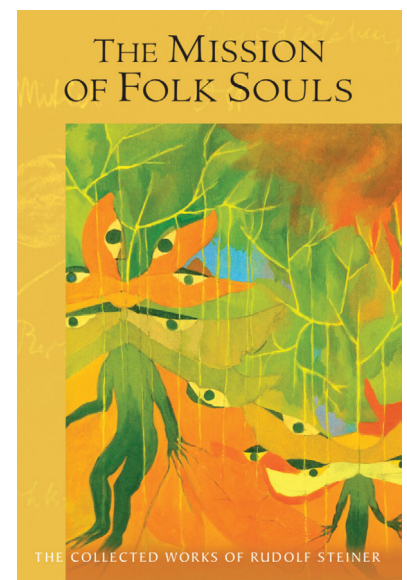
11 lectures, Oslo, June 7–17, 1910 (CW 121)

READ MORE ON PAGE 4

Steiner states that the true basis for a “psychology of peoples” cannot be given by the “anthropological, ethnographical, or even historical studies” of conventional science, but requires “a basis . . . in spiritual reality.” It is precisely this spiritual reality—the creative activity of the beings of the hierarchies in connection with the destiny of humanity—that forms the heart of these lectures and of Steiner's view of folk psychology more broadly.

**Cover image:** *Old Sun: The Awakening of the Archangels* by Zvi Szir, a contemporary Israeli artist and writer and cofounder and director of ARTschool, Basel.

9781621482680 264pp paperback \$28.00



# Introduction to *The Mission of Folk Souls*

by the editors of the 2017 German edition

The so-called “folk-souls cycle” begins by developing an overarching and complex spiritual-scientific concept of “folk” and of the “ages” of history in relation to the beings of the spiritual hierarchies (lectures 1–3). This is followed by an excursus on the unity of humankind and the geographical conditions underlying the emergence and aftereffects of prehistoric race formation, presented as a tapestry of higher hierarchies working from the cosmos upon Earth as the “planet of love” (lectures four through six). Finally, Steiner discusses the configuration of the spiritual dispositions of the European peoples and their history in the present fifth age of the post-Atlantean cultural period (lectures seven through eleven). In the final lectures, in keeping with the Norwegian setting, Steiner interweaves a consideration of folk themes from the European north as they are reflected in ancient Norse mythology. Finally, the lecture series ends with a call to take up one of Europe’s future tasks—the harmonious coexistence of all peoples and the further development of a spiritualized Christianity.

The lecture cycle deals with subjects that Steiner developed from many angles in the lectures of this period, culminating in early 1910 in the publication of one of his principal works, *An Outline of Esoteric Science* (CW 13).<sup>\*</sup> The themes include a study of the world of the spiritual hierarchies and an exploration of religious traditions in the light of spiritual science (the Gospels, the Apocalypse, Genesis, and mythologies of various cultures). In fact, Steiner devoted entire lecture cycles to these themes during this period. Building on the concepts and motifs developed in the preceding years, this present cycle comprises a coherent, systematic exposition on the effects of “folk spirits,” the formation of the “principal races” of humanity, and the evolution of “time spirits” in history. In many respects, it can be regarded as Steiner’s definitive exposition of these themes.

As is often the case in Steiner’s lecture cycles, unique content is interspersed throughout. For example, the cycle features remarks about the philosophy of Solovyov (which occur only occasionally in the lectures of these years), the announcement of the reappearance of the Christ in the etheric (which was presented in various cities in 1910), and indications about the previous configuration of the Gulf Stream (which occur only here). Steiner—who in 1910 was working on the manuscript for his book about the human senses, *Anthroposophy (a Fragment)* (CW 45),<sup>\*\*</sup> which he never completed—observed in retrospect that this cycle belongs to the “second phase” of anthroposophy in which he worked out his spiritual science in many directions and in different areas of life.

Methodologically, the cycle is founded on the perspectives developed in his book *An Outline of Esoteric Science*, in which he presents evolution as the result of a complex interaction of spiritual beings. Steiner assumed that his audience was familiar with the basic concepts of theosophy as it was understood at that time. In the lectures, he often refers explicitly to his writings on the akashic chronicle (later published as *Cosmic Memory* [CW 11]<sup>\*\*\*</sup>) and to his *Outline of Esoteric Science*, both of which present the results of the spiritual research he had undertaken between 1904 and 1909 into the evolution of Earth and humanity. Whoever would like to understand the presuppositions of the lecture cycle in a methodical and objective way will have to refer to and work through the perquisite concepts concerning cosmic evolution as presented in *An Outline of Esoteric Science*. There exist hardly any thorough studies of the above-mentioned central themes of the cycle—nor are there any pending—in regard to the conceptual development of these themes in Steiner’s work as a whole, or their relationship to the wider literature of the theosophical movement of the time,

or in relation to the sciences of the time. The only exception to this broad statement is the question of Steiner’s understanding of race, which had previously been of rather little significance to anthroposophical authors or practitioners. But beginning in the 1990s, discussions of possible racist content has led to several comprehensive collections and studies from various perspectives that are now available. . . .

Overcoming culturally determined prejudices is a fundamental concern of the Enlightenment and is the cognitive principle underlying the entire field of ethnology. Steiner points out the overlap between the experience of other cultures and the spiritual path of cognition, both of which involve the difficult loss of previous identities. The experience of other cultures and its overlap with the experience of spiritual growth has also been pondered by ethnologists, who have presented the phenomenon in terms of consciousness theory.

However, cultural anthropology and ethnology have historically also followed a one-sided fixation on the otherness of so-called “primitive,” aboriginal cultures. Steiner charted a wider course when, on the eve of the First World War, in the context of his cultural-historical perspective on the evolution of humanity, he turned to a knowledge and a self-knowledge of the European folk souls of our age as they exist between East and West. Tracing the origins of distinct peoples back to higher spiritual beings and cosmic forces at work on Earth will appear to the science of today every bit as “paradoxical” as Steiner assumed it would in his preface a hundred years ago. However, it will also have to be said that, with Lessing’s idea of repeated lives on Earth as stages of revelation in history, and with Herder’s ideas on the infinite variety of cultures on planet Earth as a workshop for higher spiritual forces and states, these two great thinkers of the Enlightenment are the forerunners of Steiner’s view of folk and history.

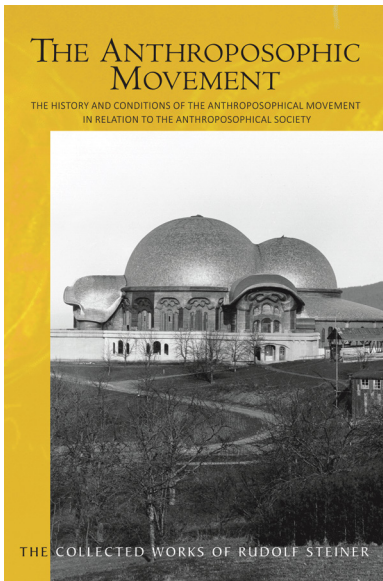
<sup>\*\*</sup> Anthroposophic Press, 1996.

<sup>\*\*\*</sup> Anthroposophic Press, 1987.



<sup>\*</sup> Anthroposophic Press, 1997.

## NEW IN THE COLLECTED WORKS OF RUDOLF STEINER



### The Anthroposophic Movement

The History and Conditions of the Anthroposophical Movement in Relation to the Anthroposophical Society

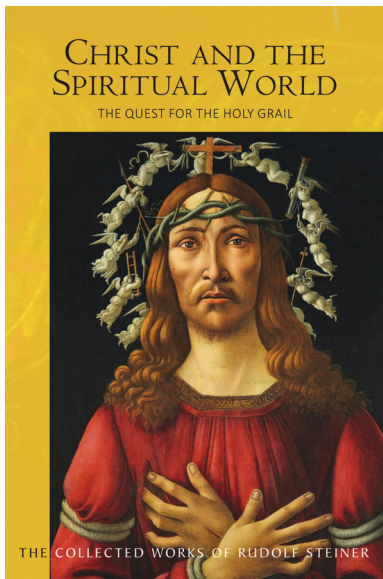
Rudolf Steiner

Translated and introduced by Christian von Arnim

7 lectures, Dornach, March 11–23, 1923 (CW 222)

These lectures were given at a pivotal point in the development of the anthroposophic movement. Only months earlier, an act of arson caused the destruction of the Goetheanum, and the appearance of its darkened ruins reflected the growing fragmentation of the Anthroposophical Society. Divisions were developing among members and friends, with individual energies increasingly directed toward external initiatives and projects. It was becoming clear that a new impetus was needed.

9781855846036 202pp paperback \$28.00



### Christ and the Spiritual World

The Quest for the Holy Grail

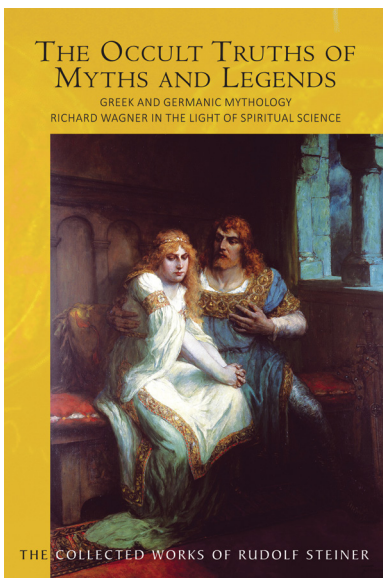
Rudolf Steiner

Revised and introduced by Frederick Amrine • Translated by Charles Davy

6 lectures, Leipzig, December 28, 1913 – January 2, 1914 (CW 149)

Reassessing human history in relation to the cosmic and earthly events of Christ's incarnation, Rudolf Steiner stresses the significance of Gnostic spirituality and legends of the Holy Grail. He tells us that the Christ impulse "is not a one-time event but a continuous process, beginning well before Jesus of Nazareth walked the earth." The Christ impulse is a force that gives impetus to human development, such as the extraordinary flowering of free thinking during the past two millennia. The lectures culminate in the secret background of the Parsifal narrative.

9781855846050 176pp paperback \$27.00



### The Occult Truths of Myths and Legends

Greek and Germanic Mythology:  
Richard Wagner in the Light of Spiritual Science

Rudolf Steiner

Translated and introduced by Paul King

16 lectures, Berlin, Cologne, Nuremberg, June 24, 1904 – December 2, 1907 (CW 92)

"All physical events are the shadows of supersensory events." —Rudolf Steiner

In this series of previously untranslated lectures, Rudolf Steiner describes how myths and legends portray humanity's most ancient evolutionary and spiritual history. Folklore presents ancient mystical wisdom in the form of stories clothed in pictures by initiates that enable individuals to understand their content in a more intellectual form in the future.

9781855846043 214pp paperback \$28.00

## NEW BOOKS

### Speaking to the Stars

An Introduction to Astrosophy

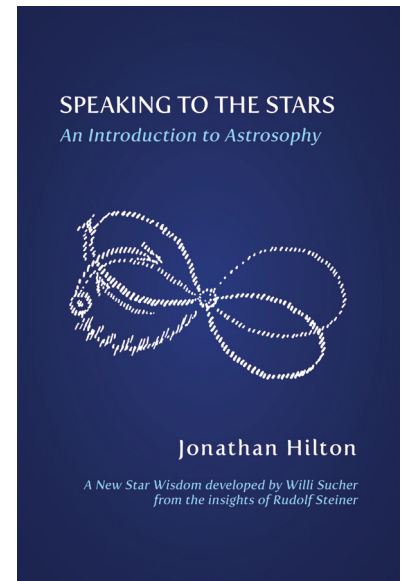
Jonathan Hilton

**A New Star Wisdom developed by Willi Sucher from the insights of Rudolf Steiner**

Based on the author's comprehensive video course on star wisdom (astrosophy), Hilton takes the reader through an introductory course on astrosophy—from understanding and working with the zodiac and planetary spheres to chart construction and to the spiritual significance and deeper meaning behind practical astrosophy and its potential for one's own inner development.

Liberally illustrated with more than seventy color and black-and-white images.

9781584208853 300pp paperback \$25.00



### She Was Always There

Sophia as a Story for Our Time

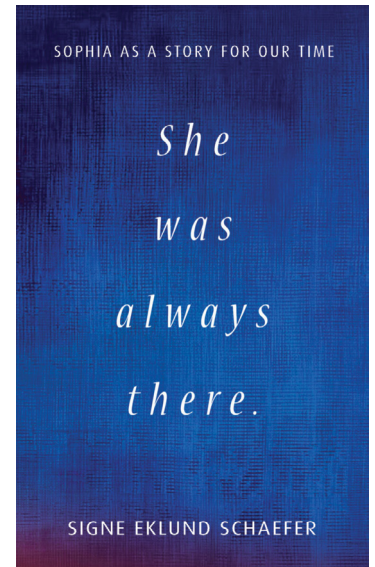
Signe Eklund Schaefer

Arriving in June

“Who, or perhaps what, is she?” Signe Eklund Schaefer poses this question as she leads us into a heartfelt exploration of the great mystery that is Sophia. She tells us, “Questions of inner growth, of spiritual striving, of how to bear the suffering in the world without going under, and perhaps most of all, of how to love, often present themselves surrounded by veils. In acknowledging a question, the veil may begin to shift. Our questions matter; bringing them to consciousness, exploring them with others, waiting with an open heart for the spirit to speak—this is the ongoing work of unveiling.”

This book is personal and full of warmth and genuine interest in discovery that goes toward living reality, well beyond mere names and fixed ideas.

9781621483311 128pp paperback \$15.95



### Conversations with Nature

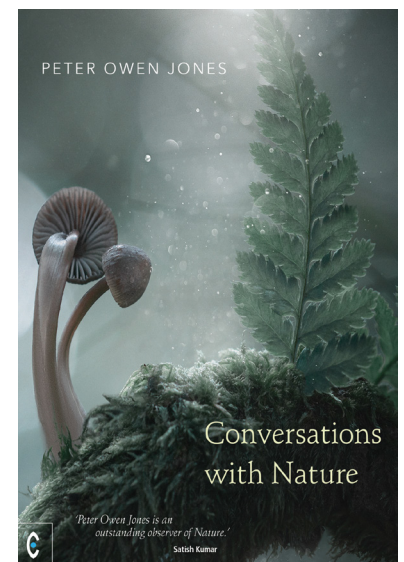
Peter Owen Jones

Illustrated by Jerry Shearing

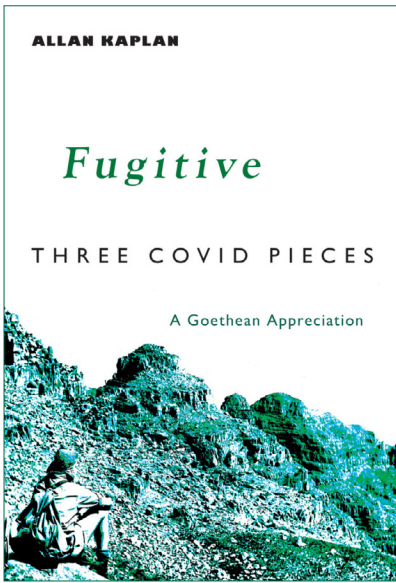
“Once, we were one form among many in the Garden. We learned to hear the voices of the mountains, the rivers, the sky, of silence. The mice spoke, the trees spoke, the stars spoke, the deer and the fox spoke, the snake spoke—and from these words we made being. These words formed great cities and their machines ever clamoring, and we let the silence slip and the words of the whispering world fall away beyond the mirror of our making.” (from the prologue)

These eighteen meditations, amplified by Jerry Shearing's illustrations, offer words enlivened with the weight of much listening. Through these “conversations,” Peter Owen Jones offers a pathway to reconnect with nature.

9781912992416 92pp paperback \$14.95



## NEW BOOKS



### Fugitive

Three Covid Pieces: A Goethean Appreciation

Arriving in May

Allan Kaplan

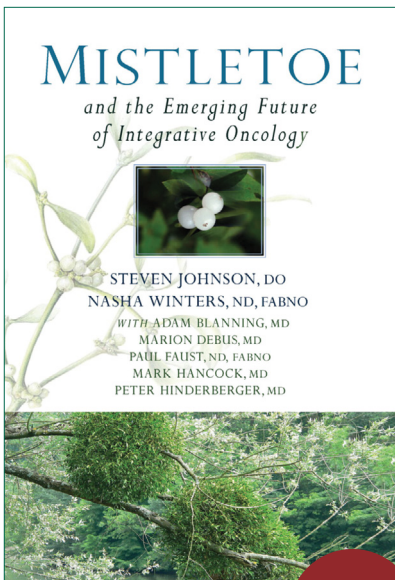
Emerging from a unique Goethean approach to human experience—developed over a lifetime, applied here to life during the first three years of the Covid era, from a mountain in South Africa—Allan Kaplan's *Fugitive* is both a poetic record and a contemplative, scientific roadmap.

In striving to make himself a vessel for sensing the dynamics of our time—the struggle for meaning, the will toward freedom, the experience of powerlessness and surrender, and the urge to defend and secure the capacity for human thinking and discernment—Kaplan allows the profound questions of our time to arise and be explored in thought that is free of the compulsion to arrive at fixed conclusions.

In pondering the elements of nature and the laws governing them, we find the active forces of life and health; we glimpse wisdom at work and, often, beauty. One might be reminded: we, too, are a part of nature, and this wisdom of nature, encountered competently, may serve as a guide in facing the tasks of recognizing, embodying, and preserving the essence of our humanity in these darkening times.

Here is a little book—an example in practice—to help strengthen our humanity.

9781584208815 84pp paperback \$13.95



### Mistletoe and the Emerging Future of Integrative Oncology

Arriving in June

Steven Johnson • Nasha Winters • Adam Blanning • Marion Debus Paul Faust • Mark Hancock • Peter Hinderberger

Today, many allopathic medical practitioners are beginning to seek out a greater connection with holistic and integrative approaches. The authors of this book introduce one specific therapy and make a case for integrative health in general, including anthroposophically extended medicine, naturopathy, and other holistic approaches.

Mistletoe therapy has long been considered a viable treatment for cancer by the European medical community and is beginning to gain recognition in North America, as well. The mistletoe plant possesses many remarkable properties. As a therapy, it represents a rediscovery of ancient wisdom and shows us how the science of modern medicine might expand its reach and reconnect with a more human-centered medicine.

The text is accessible, and the reader does not need a science background to understand the majority of the content. While this book should not be considered a treatment or diagnostic manual, it is intended to both prepare practitioners to begin mistletoe therapy training and to make this information available in an accessible form to anyone interested in learning about this approach to treating cancer.

9781938685354 384pp paperback \$29.95

Also available while they last—9781938685330 384pp hardcover \$34.95

## NEW BOOKS

### Connecting with Nature

Earth and Humanity – What Unites Us?

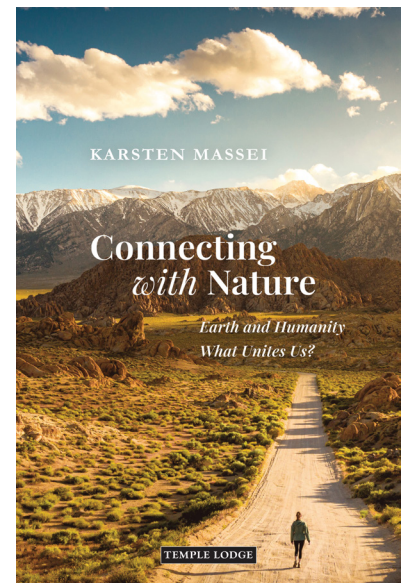
Karsten Massei

Translated by Matthew Barton

By delving into nature’s secrets, we are paradoxically returned to our own being—our soul gold, our luminosity, as well as our shadow, or lower nature. Deep encounters with the earth are thus self-encounters.

In a series of concise and accessible chapters, Massei illumines human characteristics—our senses, the quality of our listening, our soul wounds, and the possibility of transformation. Likewise, he lights up the natural world—plants and animals, as well as elemental beings, tree spirits, and Christ, the great being of the earth.

9781912230983 166pp paperback \$19.95



### Edith Maryon

Rudolf Steiner and the Sculpture of Christ in Dornach

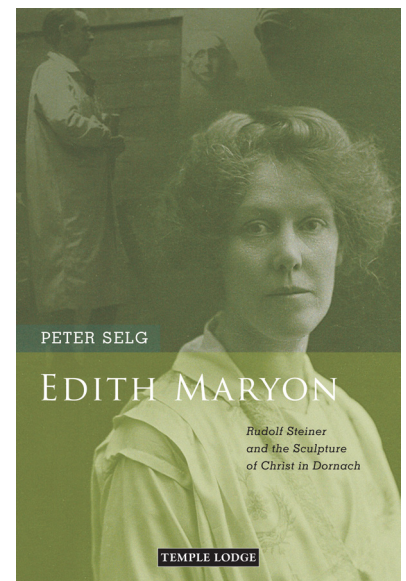
Peter Selg

Translated by Matthew Barton

Edith Maryon (1872–1924) was a trained sculptor who worked alongside Rudolf Steiner to create the unique sculpture of Christ (“The Representative of Humanity”) at the Goetheanum in Dornach, Switzerland. One of Steiner’s closest collaborators, she was a highly valued colleague and esoteric pupil.

Building on Rex Raab’s 1993 biography, Peter Selg’s moving study features dozens of photos and facsimiles of letters, utilizing previously unpublished sources from the literary estates of Edith Maryon and Ita Wegman and the Rudolf Steiner Archive in Dornach.

9781912230952 268pp paperback \$30.00



### Encounters with Vidar

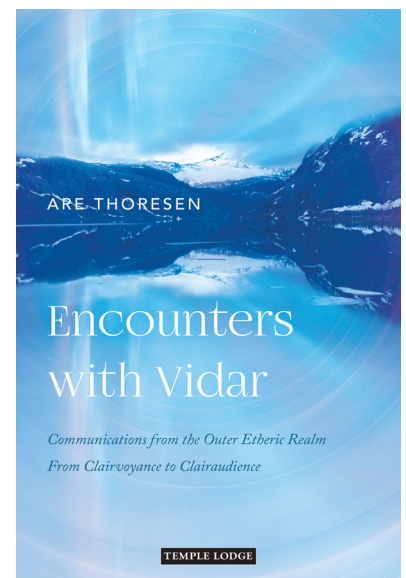
Communications from the Outer Etheric Realm:  
From Clairvoyance to Clairaudience

Are Thoresen

At the threshold that divides the elemental and etheric worlds, Are Thoresen encounters two spiritual entities—Vidar (Vidarr) and Baldur (Baldr), “guardians of the threshold”—whose task is to protect the spiritual border from uninitiated intruders.

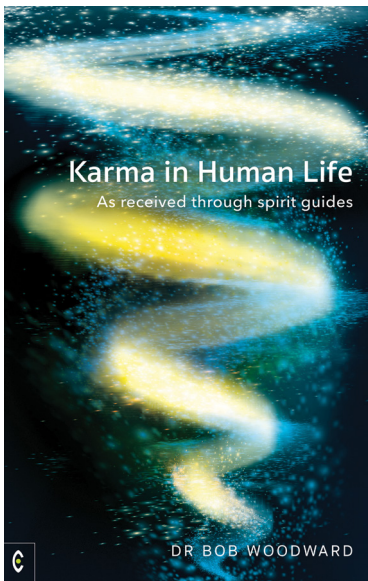
Building on previous reports, Thoresen offers startling new esoteric teachings, gleaned through processes of spiritual knowledge from these two enigmatic gods. Vidar and Baldur emphasize the importance of clairaudience in contrast to clairvoyance, the latter being especially open to attack from adversary beings.

9781912230990 108pp paperback \$16.95





## NEW BOOKS



### Karma in Human Life

As Received through Spirit Guides

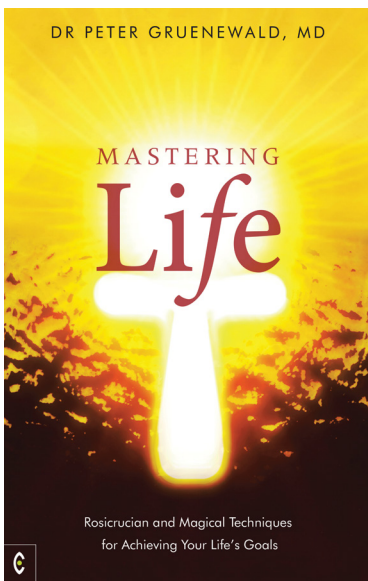
Bob Woodward

Foreword by Peter John

In this thought-provoking work, Dr. Bob Woodward investigates such issues in conversation with his spirit guides. Beginning with the most basic question of what karma is, they describe how this law of destiny relates to illness, human freedom, relationships and individual development, as well as major world crises such as the coronavirus pandemic, wars and conflicts, global warming, and climate change. They also examine how such key issues might relate to “world karma” rather than to personal destinies.

*Karma in Human Life* offers answers to many questions and enigmas relating to modern-day earthly life.

9781912992409 104pp paperback \$15.95



### Mastering Life

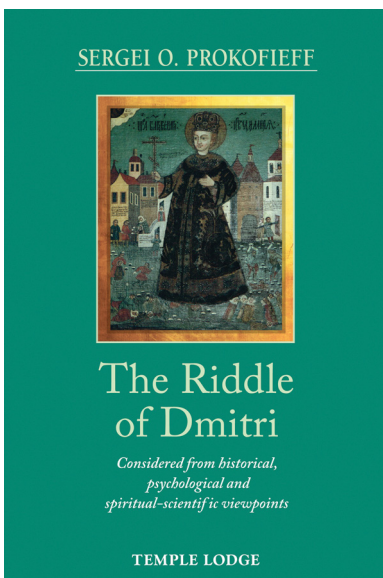
Rosicrucian and Magical Techniques for Achieving Your Life's Goals

Peter Gruenewald, MD

How can we best achieve our personal goals—not just to benefit ourselves but also our loved ones and wider communities? *Mastering Life* introduces comprehensive and effective methods to transform the self, enhanced by the meditative use of magical symbols and sacred words. These help us identify our aspirations, combining goal contemplation, visualization and meditation techniques. Through these processes, we can gain control over spiritual forces that work within our destiny, attracting favorable outer circumstances in everyday life.

This accessible handbook shows how we can call upon the assistance of spiritual beings and masters who serve the development of humanity.

9781912992423 104pp paperback \$15.95



### The Riddle of Dmitri

Considered from Historical, Psychological, and Spiritual-Scientific Viewpoints

Sergei O. Prokofieff

Translated by Simon Blaxland-de Lange

In a conversation on his deathbed, Rudolf Steiner informed his friend Count Polzer-Hoditz of three spiritual problems that would need to be resolved in the coming years, one of which is the matter of who Dmitri actually was. Tsarevich Dmitri, the son of Tsar Ivan the Terrible, was murdered as a young boy. Later, he was impersonated by a series of rogues and pretenders. Steiner emphasized that the most important thing is to discover what was supposed to be achieved through his being. Utilizing the significant clues left by Steiner, Prokofieff tackles this great unsolved mystery of Russian history.

9781912230976 234pp paperback \$30.00

## NEW BOOKS

### Letters on John's Gospel

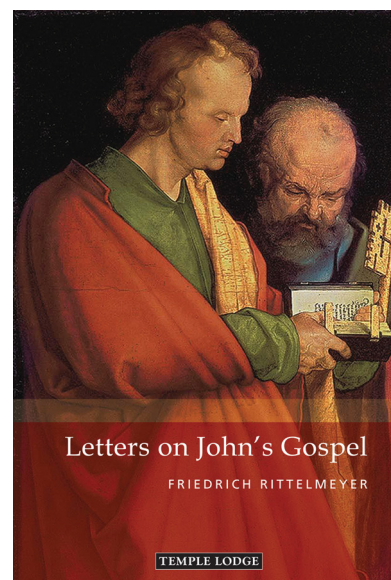
Friedrich Rittelmeyer

Contributions by Rudolf Frieling and Emil Bock • Translated by Margaret L. Mitchell

Revitalized Johannine Christianity stands at the heart of the work of Christian renewal as inspired by Rudolf Steiner during the early twentieth century. Friedrich Rittelmeyer, a Lutheran minister and theologian who helped found The Christian Community in 1922, was a leading figure in this new Johannine movement. He described John's Gospel as encapsulating "an indescribable glory of revelation of love. This glory has such purity, delicacy, and spiritual power that in it one has the material with which a marvelous new world may be built."

*Letters on John's Gospel* is one of Rittelmeyer's most powerful works.

9781912230969 330pp paperback \$35.00



### Beyond Mainstream Medicine

Dialogue towards a New Paradigm for Health

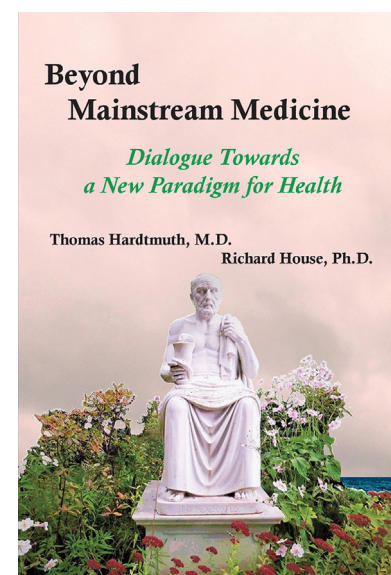
Thomas Hardtmuth, MD and Richard House, PhD

Preface by Michaela Glöckler, MD

In *Beyond Mainstream Medicine*, Dr. Thomas Hardtmuth and Dr. Richard House dive deeply into the very foundations of human wellbeing, exhaustively detailing what is wrong philosophically and clinically with the current prevailing biomedical paradigm of health and disease, how these shortcomings have been highlighted during the Covid crisis, and the changes needed before a radical reestablishment of a genuinely holistic understanding of health, illness, and healing can occur.

"Thomas Hardtmuth and Richard House have presented a small masterpiece for which one can only be grateful." — **Michaela Glöckler, MD**

9780952836483 148pp paperback \$16.95



### What Are We Really Eating?

Practical Aspects of Nutrition from the Perspective of Spiritual Science

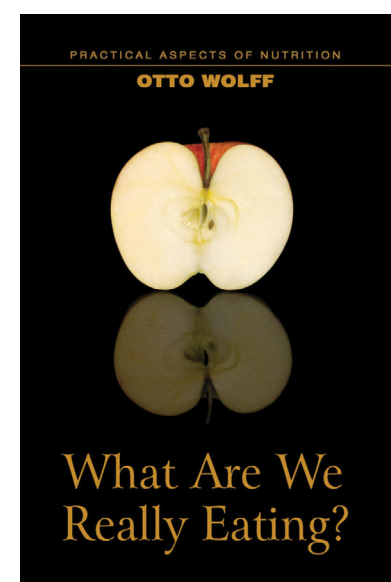
Otto Wolff, MD

Foreword to the 3rd edition by Daphné von Boch, MD

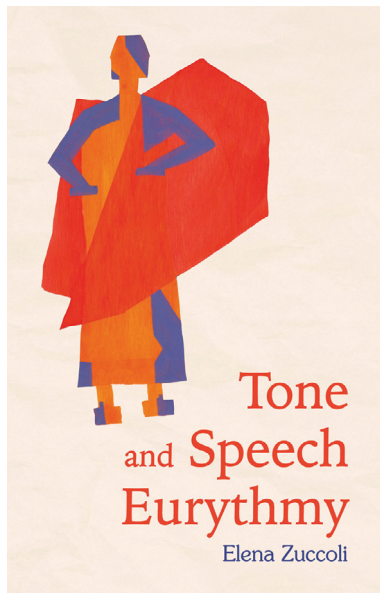
Dr. Otto Wolff—known for his home remedies—offers a clear description of the foods we eat and what we should really look for in them. Scientific investigation of nutrition has led to increasing industrialization of food production. Vast numbers of details are known, but industrial processing is causing the force of food to be progressively lost. This makes people feel unsure about which foods are still healthy today.

Dr. Wolff shows that it is not the physical substances as such that feed us, but the force of life in our foods. Viewing food as one does in biodynamic agriculture can help us gain true insight and understanding of food quality.

9781957569260 132pp paperback \$17.95



## NEW BOOKS



### Tone and Speech Eurythmy

How the Balance on Earth Was Lost and Is Now Being Restored

Elena Zuccoli

Translated by Dorothea Mier and Clifford Venho

Arriving in July

Drawing on her first-hand experience of learning eurythmy from Marie and Rudolf Steiner, celebrated eurythmist Elena Zuccoli describes the development of eurythmy and gives a personal account of the challenges that faced early students as they sought to master this new discipline.

Available for the first time in English, this fascinating book is ideal for eurythmists who wish to deepen their understanding and practice of tone and speech eurythmy, and anyone who wants to learn more about the history of this special art.

9781782508670 128pp paperback \$24.95

### Seeing Colour

A Journey through Goethe's World of Colour

Nora Löbe, Matthias Rang & Troy Vine

Foreword by Arthur Zajonc

Scientific books present a variety of mechanical explanations, leaving color, as a whole, unexplained. In the nineteenth century, the German poet and scientist Johann Wolfgang von Goethe investigated a wide range of color phenomena and discovered the underlying principles that govern color itself.

This lavishly illustrated book brings Goethe's pioneering research up to date. Through descriptions of simple observations and ingenious experiments, the reader will discover a series of color phenomena that includes afterimages, colored shadows, color mixing, and prismatic and polarization colors. Illustrated in color.

9781782507802 176pp paperback \$40.00

### Breathing with the Climate Crisis

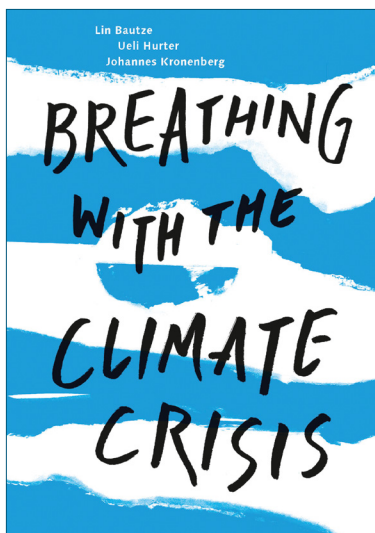
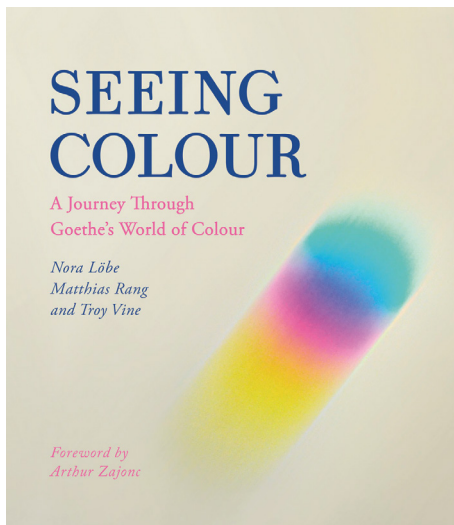
Lin Bautze, Ueli Hurter & Johannes Kronenberg

Young people and farmers asked at a world biodynamic conference, "How can we find our own breath? Do we need more facts? More head? More heart? Feeling? Poetry?" They suggest that you begin with your own inquiry process—ask *yourself* your "burning questions." Then think further. Think with your head, heart, and hands.

*Breathing with the Climate Crisis* invites you to reflect on the climate crisis and our responses. It offers practical inspiration from biodynamic farmers who are currently caring for the earth. It gives hope beyond despair for connecting with nature.

**Contents:** Your Earth • You Human Being • You as Co-creator • From Real Life: Every Person Is a Farmer • Wanting a Global Society

9781912480876 64pp paperback \$13.95



## NEW BOOKS

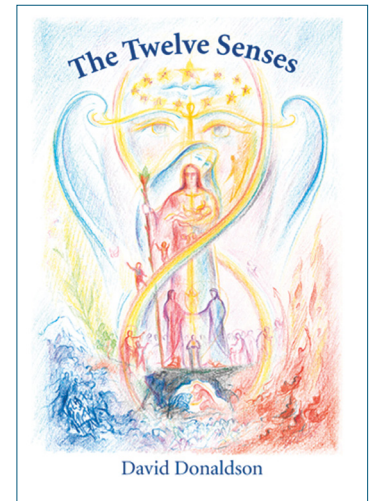
### The Twelve Senses

A Book of Poems

David Donaldson

Why twelve senses? Because viewing the world through five senses alone misses much of what we actually sense and experience. The twelve senses presented here give us a far more rounded picture of who we are. It's an expanded perspective that equips us to understand the world better—to “see into the life of things,” as Wordsworth put it—and to become prepared to see our way through the challenges and opportunities of today's digital world.

9780946206957 60pp paperback \$9.95



### Bothmer

Tuning Your Being through Movement

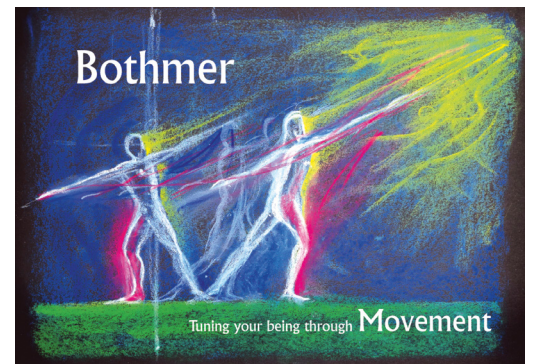
Martin Baker and Tom Watson

Illustrated by David Newbatt

In 1922 Count Friedrich von Bothmer developed a series of thirty exercises that trace and enhance the developing movement faculties of growing human beings. David Newbatt's colorful, energetic drawings reveal the dynamism and life of the active space surrounding a human being in movement. Newbatt worked with Bothmer Movement practitioners to create fifty exciting and groundbreaking color images, an artistic endeavor that indicates the invisible forces of movement at work and surrounding us as human beings.

Includes 50 color drawings by David Newbatt

9780946206964 60pp paperback \$17.95



### Raising Sound Sleepers

Helping Children Use Their Senses to Rest and Self-Soothe

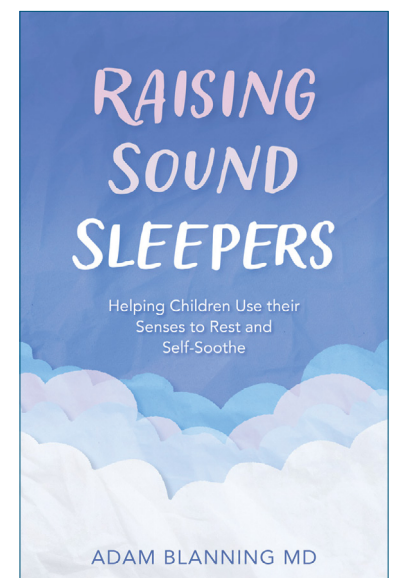
Adam Blanning MD

What can parents do to avoid bedtime meltdowns? Why do established routines stop working? How can children be encouraged to fall asleep more consistently? What simple, natural steps can parents take to help children calm down?

Sleep and rest are not always the natural processes we expect. Dr. Adam Blanning, a child-development consultant and holistic physician, suggests that these are learned skills that grow with children in step with physical developmental stages.

This insightful book offers practical ways that parents and caretakers can support children to use their senses—from taste, smell, and touch to balance and movement—for self-soothing and sleeping to ultimately build lasting resilience for life.

9781782508427 192pp paperback \$18.95



# Waldorf Leadership Development

May 2023-  
April 2024

A low-residency program for independent and public Waldorf school administrators, staff, trustees, pedagogical leaders, and parents who wish to serve their school in present or future leadership roles.

## Program Leadership

Program Director, Torin Finser  
Program Coordinator, Karen Atkinson

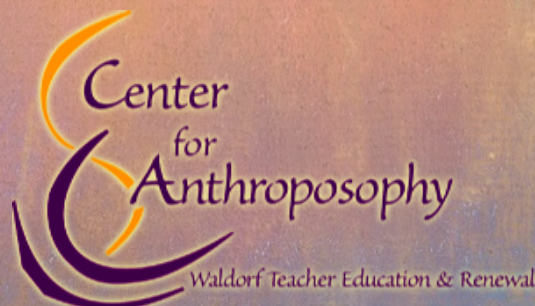
This professional development certificate-earning program provides training that builds skills, capacities, and understanding of the vital roles administrators and pedagogical leaders serve in Waldorf schools.

## Explorations Seminars

Explorations takes up burning current topics along with contemplative studies and the practice of the arts through anthroposophy as a method of inquiry.

## Waldorf Leadership Development Seminars

Through a combination of virtual and in-person classes, participants will engage in seminars designed to cultivate the capacities needed for serving in leadership positions.



For More Information

<https://bit.ly/WaldorfLeadershipDevelopment>

## Learning with Findus and Pettson

Letters and Words

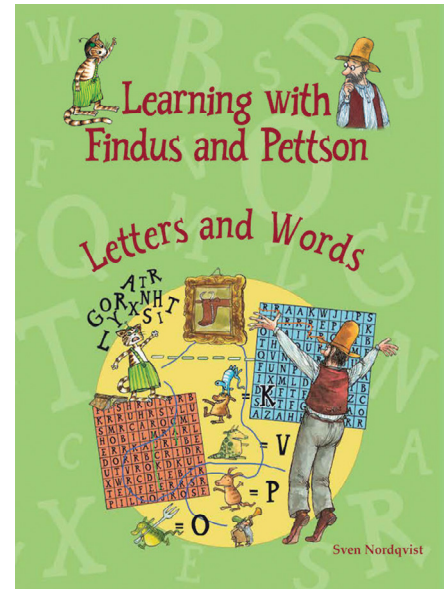
Sven Nordqvist

Arriving in July

Here is a fun activity book that will help young children learn the basics of letter recognition, spelling, and words. Suitable for children from 3 to 6 years, this activity book is brightly illustrated with lively and lovable characters by Sven Nordqvist. He includes puzzles, codes, mazes, and other activities that spark imagination and engage young minds—all helped by mischievous Findus the cat and farmer Pettson, along with their farm animals and muckle friends.

Also available from SteinerBooks: *Sven Nordqvist's Learning with Findus and Pettson: Numbers and Shapes*, a fun activity book that helps young children learn the basics of counting, shape recognition, and colors.

9781912480814 32pp paperback \$16.95



## Mina Belongs Here

Sandra Niebuhr-Siebert

Illustrated by Lars Baus

Mina is worried about starting a new kindergarten in her new country. The classroom is full of laughter, friendly faces and fun things to do, but the only word Mina can understand is her name. But as she listens to stories and songs, chatter and instructions, Mina's understanding steadily grows.

*Mina Belongs Here* is a heartfelt and uplifting story of the migrant experience and discovering a sense of belonging through shared words. The expressive and lively illustrations begin in muted monochrome and slowly transform into vibrant color as Mina's understanding grows.

(Ages 4–7 years)

9781782508113 40pp hardback \$17.95



## Fairytales, Families & Forests

Storytelling with Young Children

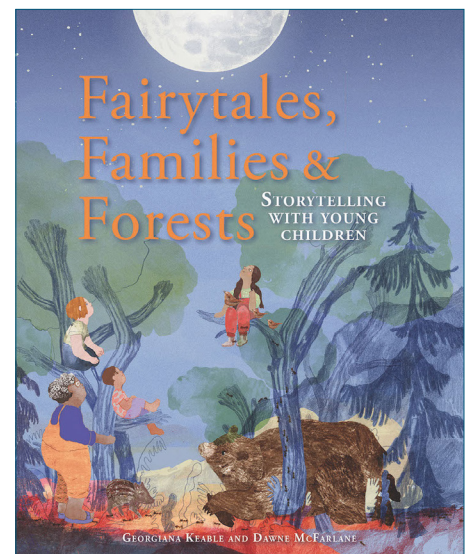
Georgiana Keable & Dawne McFarlane

Illustrated by Araiz Mesanza

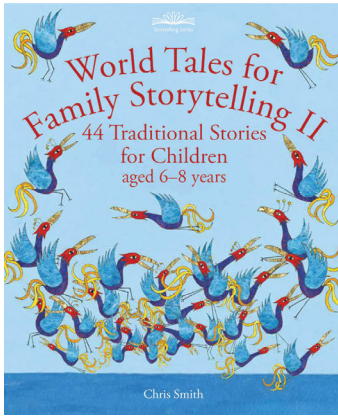
You will discover that you are a storyteller. As you tell your fairytale, your children will open their eyes wide and stare at you in wonder. But they won't see you. They will look through you to a world of magic and mountains connecting them with nature.

This book is the sequel to Georgiana Keable's award-winning *Natural Storyteller: Wildlife tales for telling* (Hawthorn Press, 2017).

9781912480388 264pp paperback \$34.95



## NEW BOOKS FOR CHILDREN & FAMILIES



### World Tales for Family Storytelling II

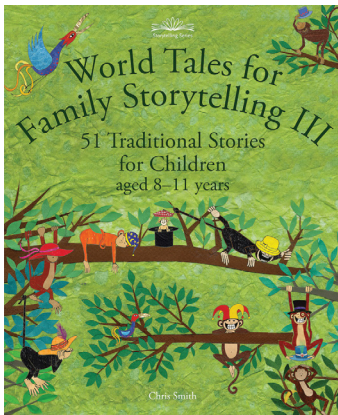
44 Traditional Stories for Children Aged 6–8 Years

Chris Smith

Here are traditional tales retold in the voice of a storyteller—perfect for 6–8-year-olds. They are short, simple and quick to learn. Parents can read and tell the stories, and children can then retell them on their own. These world tales are taken from *147 Traditional Stories for Primary School Children to Retell*.

Volume I is also available—53 traditional stories for children of 4 to 6 years.

9781912480661 176pp paperback \$25.95



### World Tales for Family Storytelling III

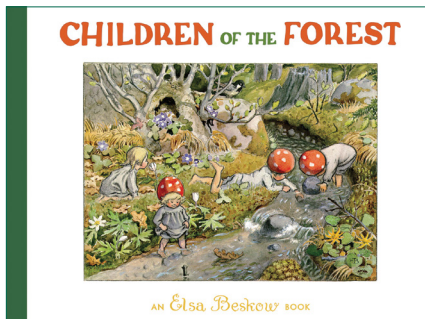
51 Traditional Stories for Children Aged 8–11 Years

Chris Smith

The stories are short, simple and quick to learn. Parents can read and tell the stories, so children can then tell them themselves. This is not just a handy and fun activity for bedtimes, family occasions, while in the car, and parties.

This is handy for bedtimes, family occasions, car journeys and parties—oral storytelling in the home builds children’s confidence in their unique voices.

9781912480678 188pp paperback \$24.95



### Children of the Forest

Elsa Beskow

The children of the forest live in the roots of an old pine tree. Each season brings new adventures for the children—swimming and berry picking in summer; playing with fairies and harvesting mushrooms in autumn; sledging and feeding animal friends in winter. But spring brings the best surprise of all!

This new edition features a unique hand-crafted design, premium-quality paper, gold foil signature and a luxurious cloth spine. (Ages 3–7 years)

9781782508021 32pp hardback \$19.95



### Tall Oak and Small Owl

Nina Pick, illustrated by Shuning Liu

Christopher is playing with a ball in his garden when a magical adventure begins. An unusual boy called September introduces him to the garden folk as they search for Christopher’s lost ball. He meets the playful gooseberry boys, kind Mrs Bramley, grumpy Old Man Blackcurrant, and many more.

This 3rd edition features a unique hand-crafted design, premium-quality paper, gold foil signature and a luxurious cloth spine. (Ages 3–7 years)

9780946206940 32pp hardback \$15.95

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